

MESSAGE FROM MANAGING TRUSTEE

I am very pleased to bring out this annual report of 2022-2023. We are proud today, as we are progressing satisfactorily in the field of social work. Many new opportunities are opening up for us and we are facing a very exciting future. Roshni Trust is committed to transforming rural lives through pioneering initiatives in areas such as rural livelihood, women empowerment, education, skill development, natural resource management, agriculture, child Rights, health, medical intervention with trans gender community, enhancement of alternate livelihood options for unorganized youth, Social security schemes. Along with these the organization is dedicatedly working on relief and rehabilitation of specially able and addicts and trying to create a network with government officials and like minded NGOs. The trust has impacted about 6.6 thousands across Haveri Disrict.

Past 25 years Roshni Trust ® working for social transformation. Wherein the marginalized & deprived sections of community are socially, economically and politically empowered to lead life of security, dignity, and prosperity. Prolonged handholding support to the target community through awareness and capacity building has resulted into strengthened people organizations in terms of information, knowledge and leadership.

Roshni believes in bottom up and participatory planning. Based on this belief, Roshni has developed a model methodology to prepare a village development plan considering village as a unit of development. These plans are prepared by bringing together all sections in the village. In the planning process, needs along with their priorities as well as resources available in and out of the village are identified.

All these are possible only with a dedicated team of village community members, volunteers, personnel and support from generous donors. The Superior General and team Provincial Superior and her team were always a great support to carry on the planed programmes.

Sr. Anitha D'Souza Managing Trustee

VISION, MISSION AND VALUES:

A) Vision:

"Just and humane society with sustainable development"

(Susthira abhivruddiya nyayautha manaviya samaja- In Kannada Language)

B. Mission Statement:

Roshni Trust strives to enhance the quality of life of its focused groups and preserve the environment through sustainable right based approach.

C. Core values:

- > Commitment for the service without discrimination
- > To be compassionate loving and respectful especially towards the marginalized and vulnerable
- > To uphold human dignity with a sense of divine and faith in people
- To work for justice and peace with a sense of patriotism without party political grounds
- > To uphold the values enshrined in the constitution of India.
- > To be professional in our approach with accountability and transparency.



I. Demographic profile of Hangal

Hangal Taluk, as per 2011 development report was one of the backward Talukas of Haveri District, of Karnataka. Of the 53,384 families residing in this Taluka the total population is 260,455. Of which 38,612 scheduled caste and 20,983 scheduled tribes with a sex-ratio of 956. Theaverageliteracyrateis 77.73% of which female literacy is 62.46% compared that with maleliteracy73.14% (Census 2011).

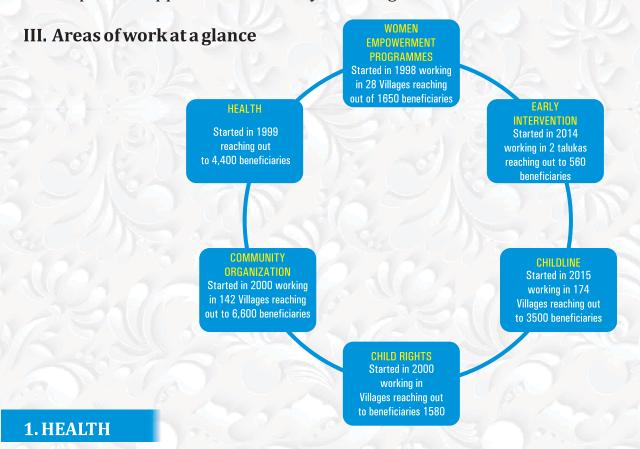
II. About the Organization

Roshni Trust that began in 1998, is a growing registered charitable organization. Roshni Trust is a headquartered atHangal. The Trust with the motto, "Life is fruitful in service", is guided by the Ursuline Franciscan Congregation. Initially the Sisters of the Congregation voluntarily took up the developmental work as apart of their social service; subsequently it has evolved as a people centered organisation with a motto "Just and Humane society with sustainable development",in Kannada "Susthira abhivruddiya nyayautha manaviya samaja".

Roshni Trust is committed to the cause and hopes of down trodden, marginalized and poorest of the poor communities in Hangal and neighboring Mudgod Taluks. Roshni

aims to build a human community through the process of empowerment and sustainability in Haveri district irrespective of caste, creed and gender. The program focus is in health, child rights, gender equity and community organization. At present Roshni Trust is working in 174 villages with all age groups.

- Roshni aspires that all its programmes transmit:
- > Commitment for the service of the poor without discrimination based on values of love, honesty and faithfulness.
- > Work for justice and peace with a sense of patriotism without party political grounds.
- > Uphold human dignity and have faith in the people.
- > Works in collaboration with similar NGOs and individuals with mutual respect and cooperation.
- > Simple in its approach, eco friendly, and integrate the culture of the land.



Aim

This programme focuses on helping people to sober life so that families live healthy prosperous life.

Concept Note

Roshni Integrated Rehabilitation Centre for Addicts aims to help people who have fallen prey to alcohol and drugs. Treatment programmes oriented to rehabilitate

them and to enable them to lead a drug free life. Making people aware of the adverse effects of alcohol and drugs is another activity. Following activities have been undertaken during the years to bring the addicted to them a in stream of the society.

- **1.1 Out Patients:** The patients who come to the centre with a view to lead a sober life are counseled and guided for soberliving.
- **1.2 Inpatients:** Patient's admissions are done on 5th of every month and they discharged on 4th of fallowing month. 453 patients were treated during this reporting period. During the treatment their physical and psychological illnesses were treated by the physician and psychiatrist who pay weekly and fortnight visit respectively. Clients undergo liver functioning and other required tests in order to know the physical complications that are caused by alcohol and drugs.

The admitted patients are given treatment for one month, during which they and their families are counseled. Everyday psychological re-educative sessions are conducted along with games are the regular activity of the day. The treatment also focuses on behavior modifications through various therapies. Future plan for the individual and family is also drawn by the patients to help them reach their goal and involve themselves in constructive activities. Thus the treatment procedure followed in Roshni aims at improving the total quality of life of the addicts. Among the treated patients around 82% of them are leading a sober life, having made changes in their personal, family and social life.







Explanation of the various activities conducted in the treatment:

1.3 Group therapy: The individuals sit in circle and the therapist leads the session. Every individual member is given an opportunity to express their views and feelings, so that there is ventilation of feelings and healing through sharing. The participation of the patients is evaluated by the therapist, by observing carefully their involvement and the attitude.





1.4 Spiritual Dimension: Since alcoholism is also a spiritual disease, spiritual dimension of every patient is taken into consideration. Yoga, meditation, Pranayama and oral prayers are conducted everyday to help the patients get relieved of their tensions and regain their physical and mental fitness.





1.5 Other activities: A part from the group activities in the therapy setting, patients are given an opportunity to play outdoor and indoor games. Patients are encouraged to show their talents and they have TV time. They are encouraged to participate in various competitions, and winners are given the prizes. Every activity provides a possibility for exploration and healing.

1.6 Family intervention: Involvement of family in the treatment process is a fundamental ingredient in them an management of addiction. Hence eight sessions of counseling and 19 re-educative sessions are conducted for the family members of every client. These sessions have helped the patient and his family to understand each other, to develop good communication and to enhance their problem solving and coping strategies. The intervention with the families has resulted in many patient store-integrate with their families. Joy is found among these couples when they come for follow up on a monthly basis





1.7. Follow up: A.A meetings are conducted on the third Monday of every month. The ex-clients come together to share their experiences and to strengthen each other. The family members come together to discuss their issues and to get strengthened emotionally. Follow up of the patients is done every month through phone and home visits. During the follow up attention is paid to their physical, psychological, economic, spiritual and family well-being. They are also motivated to plan for the future. The follow up enables them in remaining sober and to seek help in case of need. Counseling facility is available to whoever drops in seeking a listener and the one goes through crisis. All the activities of Roshni De-addiction centre are focused on the district, i.e. comprehensive management of Alcohol and Drug abuse, Prevention through awareness creation on the ill effect of addiction and counseling sessions to develop and improve their individual personalities and living conditions.







Other Services:

- 1. Anti Drug Abuse Day on June 26 is celebrated long with Bed Students of Savanur College.
- 2. HIV/AIDs Day is celebrated in Collaboration with Government Hospital, Rally and Street Play was done.
- 3. Monthly TB test is done to all the in mates of the Centre.
- 4. 2899 participants were given prevention awareness programme.

2. EARLY CHILDHOOD INTERVENTION PROGRAM (ECI). CHILDREN WITH SPECIAL NEEDS

Objectives

1: To Provide early intervention and early education to the identified 120 children under the age of 6 with developmental disabilities and to

main stream them.

- 1.1 Identification through Screening.
- 1.2 Action Plan Assessment, goal setting then intervention.
- 1.3 Mile Stone achievements through therapy, activities & Education Re-Assessment

ECI team of Roshni: ECI team of Roshni is led by Sr Janet Pinto.

1.1 Identification through Screening: Newly 71 children were identified from two taluka. Around5317 children both at Hangal and Shiggon have undergone screening.





1.2 Day Care Center: Number of children accessing services from both the Day Care centers are gradually increasing. At Day Care Center children are given therapy related services, educational support and Social Security and entitlements. A comprehensive approach to the children by focusing on their developmental delays along with social security and entitlements, medical help through Niramaya and boosting the morale of the parents.





- **1.3 Assessment of children:** 39 children are followed up regularly and quarterly assessment was carried on. 49 children's family members have been given therapy techniques. Specially-abled children have received 134 services 80 children have been referred for medical help.
- **1.4 Access to entitlements:** 28 children got education help 42 children have got hearing aid. 76 children avail social security.





- **2:** To train relevant stakeholders to recognize and respond to the needs of children with developmental disabilities under the age of 6yrs training.
- 2.1 Stakeholders training.
- 2.2 Through awareness and training-Asha, Anganawadi, VRW,MRW, ANM and Parents.
- 2.3 Stakeholders able to identify the children and also how to handle the sespecial children(Care & intervention at home)
- **2.1 Stakeholders training:** In the main center, sub center and at Shiggaon parents, community leaders were trained 2000 people benefited from this training.





2.2. Training to Asha and Anganwadi workers: 110 Asha workers 111 Anganwadi teachers have trained to identify children with the disability





Education Support: 15 children were identified in SSLC and were help to write SSS exam to self help groups were formed.

Niramaya insurance: -Through Niramaya health issuers 750 children have benefited.

Other activities

- > 2 self help groups of children with special needs have been formed
- > World Disability day was observed. Hundreds of people with disability joined Roshni to create awareness through road show and stage programme.





- > 4 Parents meetings were organized.
- ➤ 2 days holiday camp was organized at Akkialuru where 60 parents along with their children participated in the camp.





3. WOMEN EMPOWERMENT

Aim

The main aim of this programme is to empower 1000 women self-reliant, economically stable and socially proactive.

Concept Note

Cluster:

Cluster is a group of women-led associations working for the development of self-help societies with members of equal interest, actively using the available local resources in an active and systematic manner for the achievement of their goals and objectives. There are 6 clusters, and a zonal meeting is held every two months. The responsibilities of cluster members are:

Visiting and monitoring of sectoral associations

Identifying the problems of the association and if possible to solve the problems at the local level

Bringing the issues to the Union's attention if they are not flowing through at the local level

Planning of programs in the sector

Taking the lead in sit-in struggles in every program organized sector-wise

To make the members of the association uphold the goals and objectives of the organization and the sector and strive for women empowerment

Informing the members of the associations about the matters discussed in the zonal meeting

Acting as a bridge between sector and associations





Federation:

A taluka federation is a social system where all the SHGs in a particular zonal level of a taluka form their own self-governing organization and strive for the continuous development of its member SHGs and the community.





The responsibilities of a federation are:

To motivate the member associations by meeting every three months to discuss the progress of the SHGs





To conduct training for management of self help groups and skill development of members

To conduct regular evaluation of groups based on monthly work progress review To Plan and implement social action through members of SHGs

Senior Citizen Groups: 2 Senior citizen SHG groups were formed. Regular meetings have been conducted. Senior Citizen day was observed. 33 Seniors are benefitting from the group.





Evaluation

The fact that 58 out of 70 groups completed auditing and 7 groups completed accounts by taking external help itself is a milestone achievement. This Programme is highly relevant and coherent with Roshni's objectives. The programme has been effective. Mapping the membership, economic and personal development achieved by each group as well as each member has been effective. The results are captured in terms of economic and social change of each member as well as each group.

The group has focused not only on women but also to celebrate feminity. Recognizing birth of a girl child is a creative act. The impact of women's SHG's would all round-women taking care of nutrition at home, taking care of the pregnant woman, becoming part of decision making process at home, in group, in community ,in Panchayat. Women have to grow to entrepreneurs, land and title owners and also stand for the value of their work which means also asserting for equal wages.

The Cluster concept, the structure of the federation has in built Sustainability. As the clusters and federation protect interests of SHG's and women in general, federation getting registered and accessing small grants is a greatest help towards sustainability.

Sl. No.	Activity Plan	Accomplished
1	70 SHGs-1000 women economically and socially development	 70 SHGs are active in social issues, such as celebrating birth of girl-child, giving importance to children's education, addressing problems related to dissemination of education, nutrition, amenities in the school, classroom and building related issues New groups have started in Janginakoppa, Navanagara, Hanmapura Ggroups have been formed with 14+19 members respectively-Helpful to avail facilities Collecting data of self employed women 132 members are self employed Training women in documentation of SHGs Out of 126 trained members 63 know to keep books of accounts of SHGs Now documents are maintained by women, SHGs have bank accounts, 58 groups completed auditing 63 members can check their accounts 7 groups need external help to keep account. 4 groups accounts due, another 4 need to be audited.

2	Clusters participating in the training and strengthening the federation	Bi-monthly meetings, 29 meetings of 6 clusters, 457 attendance, Registration process: Memorandum done	
3	Quarterly federation meeting	4 meetings 14-18 members, issues are discussed at length, action plan worked out. Members have hosted the women's day, know to fund rise, have organized the programme	
Sl. No.	Activity Plan	Accomplished	Evaluator's remarks
4	Training 100 women to actively participate in Gramasabha	 Focused on 20 groups 40 trainings 18 groups brought pressure for Gramasabha 8 special Gramasabha meetings - 263 women participated. Availed 22 housing loans, 45 eshrama cards, 1 ayushman card 	Women getting trained on soft skills and leadership. These skills will help them to assert their needs. Pre-test and Post-test of the training has given an idea of the impact of the training. Rapport building with 90 Panchayat members and training 31 Panchayat members about their rights and responsibilities is indeed a milestone achievement.
5	Training Panchayat members	Rapport-building with 90 members, 31 members trained in rights and responsibilities	

Panchayat members through training, become aware of their rights and duties. They would be able to bring resources to the panchayat for village development. They would stand for themselves and their constituency needs. Roshni to pre test and post test their trainings and impact assessment in six months, based on their training inputs. Rapport building and training panchayat members indeed will benefit society at large, this is a much needed intervention. This has a long lasting impact on the quality of leadership in panchayat members of Hanagal Taluk





4. Unorganized youth Programme

Aim

The main aim of this project is to provide youth with the necessary skills in order to pursue a healthy and fruitful life, and to prevent them from falling prey to social evils.

Concept Note

People between 15 to 29 years are called youth and youth who are not in any organization are called unorganized youth. There are 14

associations of young men and women which meet once in 3 months.





Youth Programmme the initial stage of organizing has achieved a milestone. Roshni has worked towards maintaining the momentum, by organizing various training events and seminars. Marketable Skills development and economic ventures also to be given importance. Discussion on Financial accountability is one of the important task as funds are collected for sports and other events.

Relevance: This Project is highly relevant.

Coherence: Normally youth group loses out focus in development. The fact that Roshni has been able to bring together youth in a big number is a notable initiative, this is an advance step from adolescents' programme.

Effectiveness: The intervention is in initial stage. Roshni has charted out various camps, workshops, seminars, job skills, small enterprises to help the youth to set goals and execute. Roshni has taken care ethics and values in life.





Sl. No.	Activity Plan	Accomplished	Accomplished
1	60 young women/skill development	Survey, 3 centers, 48 women got certificate, 59 tailoring machines 49 women earn livelihood out of tailoring, of which 3 have shops	49 women earning their livelihood and 3 running business by starting a shop is a progressive economic development. Roshni to explore marketable tailoring goods and also to explore many more avenues to ensure employment opportunities.
2	Parents meeting	55 members participated/2 meetings/8 input sessions	Parents also are taken into the fold, so that they support their children's initiatives.
3	300 unorganised youth	14 groups/38 meetings 213 m+97F=310 Participants 144 youth trained in life skills 10 appeals for sewage/gutter cleaning, solar light repairs, road, street lights Organised sports activities: Cricket-10 groups Kabadi-25 groups	Youth getting trained in life skills, participating in sports and creative activities is such an important step in prevention of drug abuse or falling prey for vices. Roshni to explore many more creative ways to mobilize youth energy, help focus on career development, economic advancement and social outreach. Male female break up indicates girls need to be encouraged to join the groups
4	Read Constitution	46 persons/prize/celebration of constitution/	This is an innovative step to inform rights and responsibilities and also to promote communal harmony.





5. Community Development

Aim

 $This \, project \, is \, aimed \, towards \, Village \, development \, with \quad Constitutional \, aspirations. \\$

In 12 Panchayat limits 32 villages are chosen to work with. In 14 villages the re is village development committee. In 18 villages there is people's forum

Village development committee:

Vision: Village development through Constitutional aspirations.

- · Getting acquainted with Constitution
- · Participating in Grama Sabha/Ward Sabha called by Grama Panchayats.
- · Improving education, health and cleanliness Brining about parity between men and women Bringing about social service attitude
- Collaborating with Gram Panchayat members to execute village development programmes
- · Identifying village problems and resolving them with collective action. Identifying damages due to weather conditions and finding solutions. Ensuring implementation of employment guarantee scheme.





• Ensuring that local committees work well Environment protection and planting sapling ensuring government schemes ensuring implementation of Food security act

Community Organisation: Village development with Constitutional aspirations

Sl. No.	Activity Plan	Accomplished	Accomplished
1	This Project has its base in 32 villages from 12 Panchayat limits. The Project aims at addressing village needs health education, environment, employment, availing Government schemes and benefits for village community	VDC-14groups -219 members JV-18 groups-406 Members are regular to meetings They work along with Panchayat members have annual plan of action and are active in social concerns, They ensure that local committees function properly. (SDMC, Balavikasasamithi)	Concept of functioning, roles and boundaries are clear. Members are taking initiatives.







Sl. No.	Activity Plan	Accomplished
1	Janavedike and VDC has same objectives with different Programme heads. These are represented by various stakeholders-Panchayat, Balavadi, women leaders and are a pressure group to avail amenities and schemes for village development.	 The Programme has been successful in mobilizing members to participate in organized events on Constitution day and other cultural events. 1236 members participated on constitution day. 175 participated in Deepavali celebration Done survey on members who migrated for work. 300 construction workers, 165 migrant workers, 40 members are working under employment guarantee scheme 6 trainings covered, 406 members. 61 of these are in leadership positions in other institutions. The members have planted 218 plants out of them 126 have grown. 38 children of parents who are engaged in labour have availed 4,83,000/educational help 260 are Union members, have saved 78,000/- 5 janasamparkasabhe 3 local committee sabhe
2	Community Convergence Facilitation Forum	Provides training monitoring and facilitates action when larger issues need public pressure.







6.CHILD RIGHTS

${\bf 1.\,Strengthening\,5\,schools\,in\,collaboration\,with\,School\,Parliament.}$

A school parliament provides an opportunity for students to be involved in school governance and decision making through a group of democratically elected students who represent the view so fall students at the school. Students are chosen for various ministries, who in turn take responsibility to voice the need soft he children.

Sl. No.	Activity Plan	Accomplished	Evaluator's remarks
1	School Manthriman dal- community participation -5 govt. schools	 67 children were given training on concept of School parliament Dealt with issues like flies falling in mid day meal provided by Government, teachers regularity, timings, conflicts Water to the washrooms, ensuring mid day meals in schools where it is not provided. 8 drop out children are enrolled back Children from 5 schools have planted 74 plants They have collected 1183 books Vegetables are grown in these 5 schools 	Focused efforts and good results







2. 150 children from 5 school Panchayats will be empowered to take leadership in participating social development of their villages.

A Children's Panchayat may be defined as a Panchayat wherein: – Every child has the opportunity to survive, grow, learn, play and be a part of the decision-making process or at least be aware of the local affairs and is better informed to make a decision at an appropriate age.

Child friendly local governance therefore is a principle and practice where in local Panchayats play an important role in ensuring that all rights of children as prescribed in the UNCRC are progressively realized so that every child can enjoy their rights for survival, development, participation and protection.

Sl. No.	Activity Plan	Accomplished	Evaluator's remarks
1	Through Children's Panchayat 150 children will take leadership by gaining self- confidence	19 villages come under 5 Panchayats 510 attended awareness programmes, 220 got membership 121:99 12-14 age group= 73 children 15-18 age group= 47 children 14 groups are formed, monthly meeting is held children discuss issues affecting their lives - transport, banning sale of psychoactive substances Forming CPC and children's Gramasabha Cleaning water tank Blood group-camp Appeal 1098 to not merge with 112 181 parents participate in parents meetings from13 villages In 42 GramaPanchayats 578 children have participated in Gramasabha and voiced their collective needs	Children voicing their right to education, hygienic nutrition, knowing their rights to life, protection against exploitation and availability of special protection in special circumstances is evident in the way they dealt with issues shared in presentation. A forum to share their views, respect for their views, information sharing has been available through Roshni's work. This is a mile stone achievement.
2	Ashakiran Okkuta	Quarterly meeting -2 members from each village 19 children have been given books 14-19 reps participated in the 4 meetings held, inspection of mid day meal ensuring quality school compound, missing children, child marriages -discussed publicity of accessing 1098 (child line)	Need, objectives, role, time frame of Okkuta is not clear. By the time children get oriented to functioning in groups they become graduated for youth project. Roshni to enable smooth transition to youth project as there are already 47 children in the age group of 15-18 age group







3. Ensuring that GramPanchayat Child Protection Committees of 5 Panchayat limits functionwell.

Objective of Gram Panchayat child Protection committee is creating a conductive environment for children where all rights are progressively ensured. Gram Panchayat Child Protection Committee is formed in every GramPanchayat unit, under the Panchayat level elected representative to recommend and monitor the implementation of child protection services at the Gram Panchayat level. Anganwadi Supervisor, nominated by the CDPO, is the Member Secretary of this committee. The committee includes three representatives of children from Kishori Samooh/Sabala and Meena Manch/Bal Sansad etc out of which one is reserved for a female child. Other members include a member of the DCPU, Anganwadi workers, school teachers,

auxiliary nurse midwives, as well as respected village members and civil society representatives. All elected representatives (male and female ward members) of the Panchayat are also members of this committee besides the 19-20 members. Out of the 19-20 proposed members of the committee, at least seven should be women (besides the other women ward members)



4. 300 adolescents will be helped through various cognitive and experiential input stohelpthe min their physical and mental growth.

Children in the age group of 14-18 years of age. Life skill trainings were given to them to form them to be social agents of the place.

Sl. No.	Activity Plan	Accomplished	Evaluator's remarks
1	300 adolescents will receive life skills	 9 Schools 176 Male 142 Female=31852 Input Sessions Counseling And Referrals 107 Parents Are In The Fold Adolescent Education Is Imparted Strict Prohibition Of Selling Drugs In 100 Metres Distance 	Very effective step for prevention of drug abuse. Evident that Roshni is imparting age appropriate life skills training.





5. 100 children from Hangal will make use of child line1098 (based at Roshni) in times of need.

Child-line 1098 is a phone number that spells hope for millions of children across India. It is a 24-hour a day, 365 days a year, free, emergency phone service for children in need of aid and assistance.

Sl. No.	Activity Plan	Accomplished	Evaluator's remarks
1	100 children having difficulty will be helped through child-line	120 children's call has been answered, 75 followed up, 23 crisis cases have been intervened through counseling, medical help, family support etc.	Good initiative and relevant, involves lot of risks to the staff
2	Backward area tuition centre	Survey, parents meeting, screening, assessment enrolment, re-assessment	Good initiative and relevant

6. 25 Children at Haveri in the CRASH will be availing basic facilities and grow as per ICDS.

32 children were enrolled in the CRASH and have obtained 8 months services. 12 children have been enrolled to Aaganawadi.





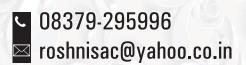
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ROSHNI TRUST ROSHNI SOCIAL ACTION CENTRE

HANGAL



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